



Infection Control Procedure for Parents

At our nursery, the health and wellbeing of children, families, and staff is our top priority. We follow current NHS guidance when making decisions about illness and exclusion.

Illness and Exclusion

Children who are unwell or showing symptoms such as:

- *Fever*
- *Vomiting*
- *Diarrhoea*
- *Contagious rashes*
- *Other infectious conditions*

Should remain at home until they are well enough to return safely.

This helps prevent the spread of illness and keeps our nursery environment safe. Parents/carers should inform the nursery as soon as possible if their child is unwell or unable to attend. (Following our absence policy.) If a child becomes unwell while at nursery, parents/carers will be contacted and may be asked to collect their child. If parents are unsure whether their child should attend, they should speak to a member of staff for guidance.

Please follow the link for the most up to date advice on exclusion.

https://publichealthscotland.scot/media/25008/2026-child-off-school_a4.pdf

This information is displayed on our parent notice board in the reception area and the nursery website.

Conjunctivitis

Conjunctivitis is a common and contagious eye condition that causes redness, irritation, and discharge, and it can be viral, bacterial, or allergic in nature. Children with conjunctivitis do not need to be excluded from nursery unless they are unwell or unable to take part in normal activities. While there is no compulsory time off, if a child is struggling with hygiene practices such as handwashing or avoiding touching their eyes, it may be advisable for them to stay at home until



these can be managed safely and they are being treated for this condition. Encouraging good hygiene helps reduce the risk of spreading the infection to others. Please follow the link for the most up to date advice.

<https://www.nhsinform.scot/illnesses-and-conditions/eyes/conjunctivitis/>